
Trainingsplan 7.9.-18.9.2020

Montag:

15:00 – 16:00

16:00 – 17:00 **U10m 1+2** Marianne/Teja/Leander

17:00 – 18:00 **U14m** Tim/David **U10m 1+2** Marianne/Teja/Leander

18:00 – 19:00 **U14w** Johannes **Herren 1** Michi/Gojko

19:00 – 20:00 **U14w** Johannes **Herren 1** Michi/Gojko

Dienstag:

15:00 – 16:00

16:00 – 17:00

17:00 – 18:00

18:00 – 19:00 **Damen 1** Flo **Damen 2** Franz

19:00 – 20:00 **Damen 1** Flo **Damen 2** Franz

Mittwoch:

15:00 – 16:00 **U12m-1** Luisa/Marius **U12m-2** Pavel/Simon

16:00 – 17:00 **U12m-1** Luisa/Marius **U12m-2** Pavel/Simon

17:00 – 18:00 **U16m 1+2** Michael/Pavel

18:00 – 19:00 **Herren 3** Erich **U16m 1+2** Michael/Pavel

19:00 – 20:00 **Herren 3** Erich

Donnerstag:

15:00 – 16:00

16:00 – 17:00 **U12w** Luisa

17:00 – 18:00 **U12w** Luisa **U18 w** Silke

18:00 – 19:00 **U14w** Johannes **U18w** Silke

19:00 – 20:00 **U14w** Johannes **Herren 3** Erich

Freitag:

16:00 – 17:00

16:00 – 17:00 **U18m** Daniel **U14m** Tim/David

17:00 – 18:00 **U18m** Daniel **U14m** Tim/David

18:00 – 19:00 **Freizeitteam** Uli **U16m 1+2** Michael/Pavel

19:00 – 20:00 **Freizeitteam** Uli **U16m 1+2** Michael/Pavel